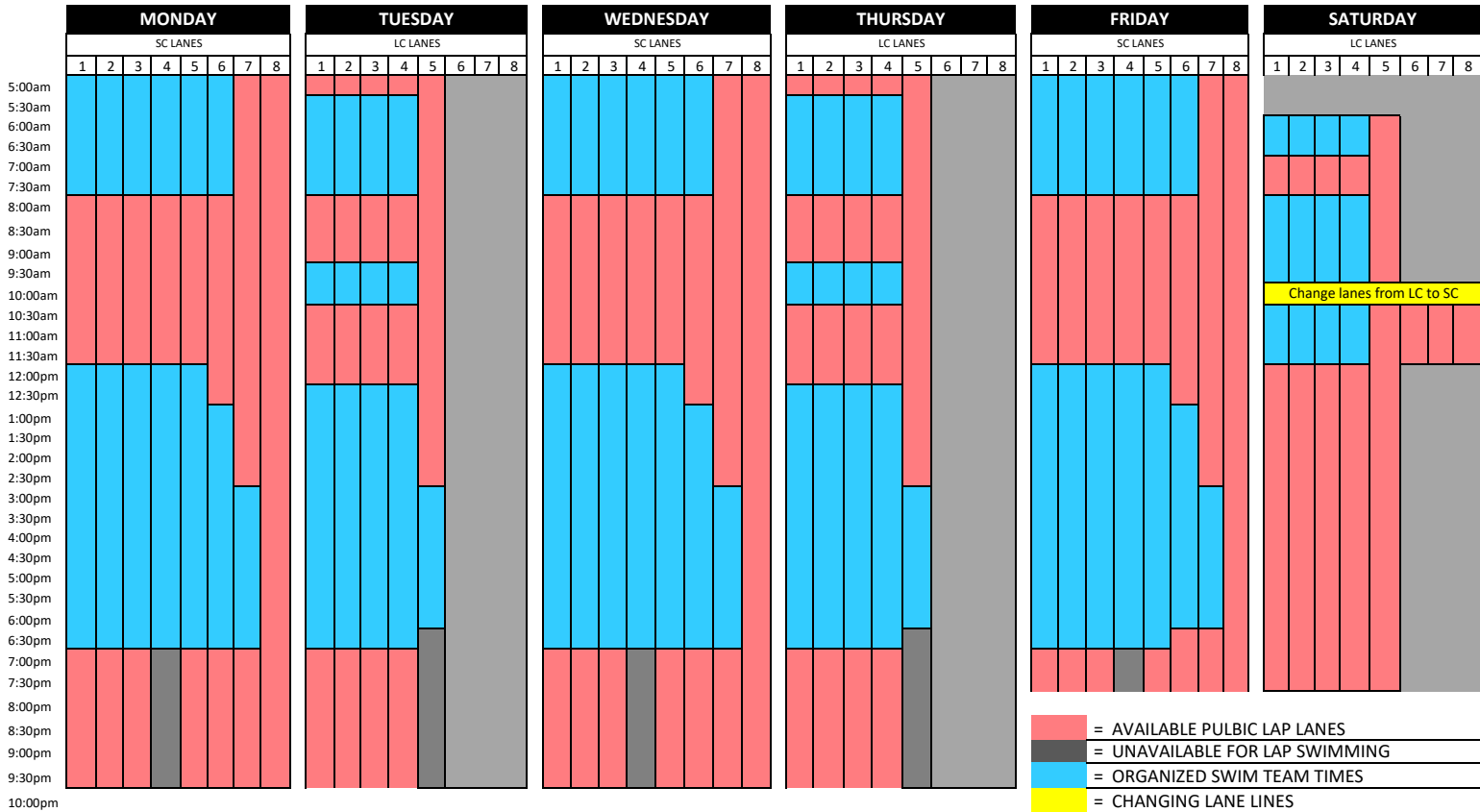
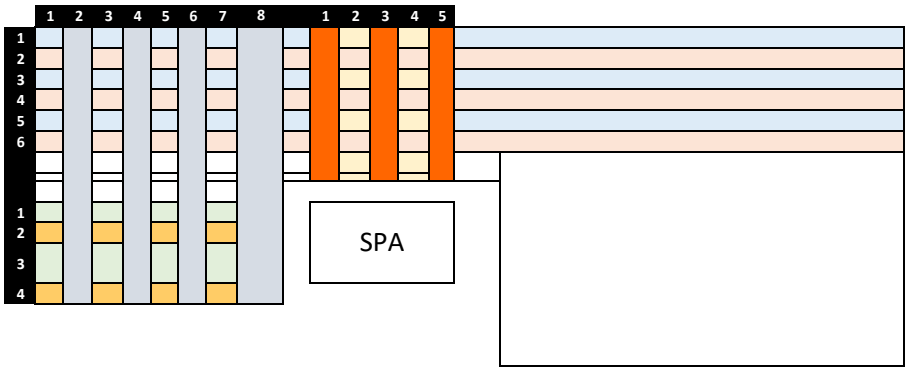


2022 GENERAL WINTER LAP LANE & AQUATIC PROGRAMMING SCHEDULE (FEBRUARY 20, 2022 - MAY 26, 2022)



COMPETITION POOL HOURS	
MONDAY - THURSDAY	5:00am - 10:00pm
FRIDAY	5:00am - 8:00pm
SATURDAY	6:00am - 8:00pm
DIVING BOARD AVAILABILITY	
MON	CLOSED
TUES	CLOSED
WED	CLOSED
THUR	CLOSED
FRI	CLOSED
SAT	12:00pm - 8:00pm
WATER AEROBICS	
MONDAY - FRIDAY	5:30am - 6:30am
	8:00am - 9:00am
	9:00am - 10:00am
MONDAY - THURSDAY PM CLASS	8:00pm - 9:00pm
SATURDAY	8:00am - 9:00am
PUBLIC SWIM LESSONS TIME	
MONDAY - THURSDAY	3:30PM - 6:00PM
ADULT SWIM PRACTICES	
TUES / THURS	5:30am - 6:30am
TUES / THURS	9:30am - 10:30am
SAT	6:00am - 7:00am



americanfork.gov/fitness